



HEALTHY SOUTH TEXAS

An innovative approach to enhancing health and improving lives in a 27-county region in South Texas.

ENGAGING FAMILIES & PROMOTING CHANGE IN:

► Diabetes

- Prevent diabetes related death
- Decrease hospitalizations
- Reduce complications, such as amputation and blindness

► Asthma

- Decrease emergency room visits
- Decrease hospitalizations
- Reduce absence from school and work

► Infectious Disease

- Decrease preventable complications and death
- Prevent spread of infectious diseases in border counties
- Improve immunization rates

find more resources & information online:



healthytexas.tamu.edu

*Fostering health,
at all stages of life:*



WELL BABY

YOUTH AMBASSADORS

WALK ACROSS TEXAS!

DINNER TONIGHT!
HEALTHY COOKING
SCHOOLS

DIABETES
CONTROL PROGRAM

ASTHMA
CONTROL PROGRAM

INFECTIOUS DISEASE
EDUCATION

MASTER WELLNESS
VOLUNTEER PROGRAMS

PUBLIC HEALTH
EDUCATION & TRAINING

WELLNESS RESOURCE
& OUTREACH

