



2023 INFORMATION 2024 HANDBOOK

PROGRAM PURPOSE

The Healthy Texas Youth Ambassador Program aims to develop youth healthy lifestyle leaders to serve as a source of outreach in communities and schools throughout Texas.

More specifically, the purpose is to:

- Assist County Extension Agents in providing leadership to the youth components of Healthy Texas, Texas 4-H, and Texas A&M AgriLife Extension Service
- Serve as a leader to implement health programs and lessons in local schools and communities
- Become knowledgeable and skilled in the healthy lifestyles subject matter
- Assist with and coordinate educational events that will encourage better health in communities.
- Be a role model for healthy living!

For more information please contact your local county extension agent or visit the website below.



<https://healthytexas.tamu.edu/resources/youth-ambassadors/>

APPLICATION CHECKLIST

All applications must be completed online on or before:

March 15, 2023

Use the following checklist to ensure your application is submitted correctly.

STEP 1



Do you meet all requirements?

- at least 9th grade
- submit application by deadline
- join Texas 4-H

STEP 2



Did you read, understand and agree to abide by all guidelines set forth in the ambassador handbook?

STEP 3



Did you receive your application confirmation email?



2023 **ELIGIBILITY** 2024 **REQUIREMENTS**

The number of youth selected each term to serve as Ambassadors is determined by the County Extension Agent who supervises the Ambassador Program. The number is based upon need, program demands, term goals for the Ambassadors, and the number of eligible applicants.

Healthy Texas Youth Ambassadors must meet certain requirements to be considered for selection as an Ambassador. The requirements are as follows:

- Be in at least the 9th grade at beginning of the 2023-2024 school year
- Submit completed application online by March 15, 2023
- Applicants do not have to be a current member of Texas 4-H, but must agree to become a 4-H member (\$25 annual membership fee due September 1, 2023) if selected to participate in the HTYA program

2023 **MEMBER** 2024 **REQUIREMENTS**

Those selected as a *Healthy Texas Youth Ambassador* **must** fulfill the following obligations. Failure to do so may result in dismissal from the program.

- Attend the statewide *Healthy Texas Youth Ambassador* Summit. All fees related to this training will be the responsibility of the *Healthy Texas Youth Ambassador* and/or county program.
- Must be a member in good standing with any other state ambassador programs where membership is held.
- Complete and report 40 hours of leadership, program efforts, or community service annually.
- Attend required continuing education trainings offered face-to-face and/or online.
- Maintain a positive attitude and represent Texas A&M AgriLife Extension, Texas 4-H, and the Healthy Texas Youth Ambassador program in a positive manner at all times.
- Complete all commitments with excellence.
- Ambassadorship is a 12-month commitment, beginning in June. Ambassadors who fulfill the minimum (40) hours of service will be invited to reapply for the following year.
- Attend all *Healthy Texas Youth Ambassador* meetings at the county, district, or regional level.
- Organize at least one community health event during the year with the local *Healthy Texas Youth Ambassador* team and County Extension Agent.



2023 ATTENDANCE 2024 EXPECTATIONS

Healthy Texas Youth Ambassadors must make every effort possible to attend all activities and meetings. If attendance is not possible, notice must be given to the County Extension Agent in charge, in advance, at which time agent(s) will determine if it is an excused absence. Attendance at the *Healthy Texas Youth Ambassador* summit **is not** optional.

No virtual or alternative options will be offered.

2023 STATEWIDE 2024 SUMMIT

State-wide Summit | June 4-5, 2023 | College Station, TX

Join us Sunday and Monday before Texas 4-H State Roundup in College Station for the 2023 Healthy Texas Youth Ambassador summit.

Registration will open in May 2023 for all accepted ambassadors.

Youth ambassadors will be responsible for their own lodging.

2023 PROGRAM 2024 CHANGES

If necessary, changes may be made at any time to guidelines, requirements, or any other item related to *Healthy Texas Youth Ambassador* Program by statewide *Healthy Texas Youth Ambassador* Coordinator.

Online Application link:

<https://healthytexas.tamu.edu/resources/youth-ambassadors/>