

Healthy Texas Youth Ambassadors



2026-27 Information Handbook



Program purpose

The Healthy Texas Youth Ambassador Program aims to develop youth healthy lifestyle leaders to serve as a source of outreach in communities and schools throughout Texas.

More specifically, the purpose is to:

- Assist County Extension Agents in providing leadership to the youth components of Healthy Texas, Texas 4-H, and Texas A&M AgriLife Extension
- Serve as a leader to implement health programs and lessons in local schools and communities
- Become knowledgeable and skilled in the healthy lifestyles subject matter
- Assist with and coordinate educational events that will encourage better health in communities.
- Be a role model for healthy living!

For more information, please contact your local county extension agent or visit:

TEXAS4-H.TAMU.EDU/AMBASSADORS

Application checklist

All applications must be completed online on or before **April 1, 2026**.

Use the following checklist to ensure your application is submitted correctly:



STEP 1

Do you meet all requirements?

- At least 9th grade
- Submit application by deadline
- Join Texas 4-H



STEP 2

Did you read, understand and agree to abide by all guidelines set forth in the ambassador handbook?



STEP 3

Did you receive your application confirmation email?

STATE-WIDE SUMMIT

Join us before Texas 4-H State Roundup in College Station for the 2026 Healthy Texas Youth Ambassador summit.

1st and 2nd year Ambassadors **MUST** attend a State-wide Healthy Texas Youth Ambassador Summit to continue in the program. 3rd and 4th year Ambassadors are excused from the Summit unless otherwise required by their AgriLife Extension Agent.



MAY 31- JUNE 1



COLLEGE STATION
TEXAS



Registration will open in
May 2026 for all
accepted ambassadors.



26-27 ELIGIBILITY REQUIREMENTS

Healthy Texas Youth Ambassadors must meet certain requirements to be considered for selection as an Ambassador. The requirements are as follows:

- Be in at least the 9th grade at beginning of the 2026-27 school year.
- Submit completed application online by April 1, 2026.
- Applicants do not have to be a current member of Texas 4-H, but must agree to become a 4-H member (\$25 annual membership fee due September 1, 2026) if selected to participate in the HTYA program.

26-27 MEMBER REQUIREMENTS

Those selected as a Healthy Texas Youth Ambassador must fulfill the following obligations. Failure to do so may result in dismissal from the program.

- Attend the statewide Healthy Texas Youth Ambassador Summit. All fees related to this training will be the responsibility of the Healthy Texas Youth Ambassador and/or county program.
- Must be a member in good standing with any other state ambassador programs where membership is held.
- Complete and report 40 hours of leadership, program efforts, or community service annually.
- Attend required continuing education trainings offered face-to-face and/or online.
- Ambassadorship is a 12-month commitment, beginning in June. Ambassadors who fulfill the minimum (40) hours of service will be invited to reapply for the following year.
- Organize at least one community health event during the year with the local Healthy Texas Youth Ambassador team and County Extension Agent.
- A complete list of Guidelines and Expectations can be found at: healthytexas.tamu.edu

26-27 ATTENDANCE EXPECTATIONS

Healthy Texas Youth Ambassadors must make every effort possible to attend all activities and meetings. If attendance is not possible, notice must be given to the County Extension Agent in charge, in advance, at which time agent(s) will determine if it is an excused absence.

26-27 STATEWIDE SUMMIT

Attendance at the Healthy Texas Youth Ambassador summit **is not** optional for 1st and 2nd year Ambassadors. **No virtual or alternative options offered.**

HEALTHYTEXAS.TAMU.EDU/RESOURCES/YOUTH-AMBASSADORS/